

**Clwb Canwio'r Bala Canoe Club
form 07**

Ffurflen aelodaeth / Membership

Enw / name.....

Cyfeiriad / address.....

Ffon / phone.....

ebost / email.....

Dyddiad geni / date of birth (os o dan 18 oed / if under 18).....

Unrhyw salwch meddygol y dylai'r hyfforddwyr wybod amdano / any medical condition that coaches should be aware of:-

Diddordebau canwio / Canoeing interests - White Water / Coaching / Slalom / Surf

Math o aelodaeth / Type of membership

O dan 12 / Junior / Myfyriwr / Student £5.00.....DOB.....

O dan 18 / Junior / Myfyriwr / Student £10.00.....DOB.....

Oedolyn / adult £20.00.....

Associate(Non Paddling) £5.00.....

Teulu / Family £40.00.....

Please list family members. Continue overleaf if necessary	Date of birth (if under 18)

Wrth arwyddo'r ffurflen yma yr wyf yn cadarnhau fy mod wedi darllen a deall y rheolau a amlionellir isod. Bod canwio a ceufadio yn weithgareddau sy'n cael ei hystered yn weithgareddau 'assumed risk water contact sport' ac o'r herwydd yn weithgareddau a allai fod yn beryglus. Mae'n rhaid i bawb sy'n cymryd rhan ddeall hyn a dderbyn y peryglon sy'n gysyllteiddeg a'r gweithgareddau yma. Oherwydd y gofynion corfforol ar y rhai sy'n canwio a ceufadio mae'n rhaid i bawb sy'n cymryd rhan fod yn gorfforol ffit. Dylai rhywun sy'n dioddef salwch dderbyn cyngor meddygol cyn cymryd rhan. Dylai pawb sy'n cymryd rhan allu nofio 25m a bod yn hyderus i nofio mewn ddwr agored. Cofiwch ddweud wrth eich hyfforddwyr os ydech yn dioddef o unrhyw salwch neu os oes gennych anghenion arbennig.

In signing this form, I confirm that I have read and understood the conditions of service outlined below:

Canoeing and kayaking are assumed risk water contact sports and as such are potentially dangerous activities. All participants must be aware of this and accept the risks associated with these activities.

Due to the strenuous nature of canoeing and kayaking, all participants should be physically fit. Any one with a medical condition must seek medical advice before considering participating. All participants must be able to swim 25 m and be confident swimming in open water. Please inform coaches of any medical conditions or special needs.

Llofnod yr aelod / Signature of member

(os o dan 18, llofnod y rhiant neu'r sawl sy'n gyfrifol am y plentyn / if under 18, signature of parent / guardian)

Dyddiad / Date of signature -

Gyrrwch, hefo tal I / Send with payment to:- Sally Jones, Glan y Morfa, Llanelltyd, Gwynedd, LL40 2TB.

Sieciau daladwy I Clwb Canwio Bala / Cheques payable to Bala Canoe Club

Your personal data is kept on a computer by the club. The club undertakes to keep your data secure under the principles of the Data Protection Act 1988 and it will not be disclosed to any third party or agency without your express permission.